# Everyday Lives Conference 2016



September 14-16, 2016

Pre-conference Day: September 13, 2016

Hershey Lodge 325 University Drive, Hershey, PA 17033

## Featured Speakers

#### **Ted Dallas** returned to the Pennsylvania Department of Human Services (DHS) in January 2015 when incoming Governor Tom Wolf named Dallas the Department's secretary. Ted had served as DHS's executive deputy secretary from 2005 to 2010.

Prior to his return to DHS, Dallas worked for the state of Maryland, first serving as Governor Martin O'Malley's deputy chief of staff before leading Maryland's Department of Human Resources (DHR), where he oversaw 6,600 employees and a budget of more than \$2.7 billion. Under his stewardship, Maryland's DHR transitioned 24,000 people from welfare-to-work, safely reduced the number of children in foster

care to the lowest level in 25 years, and increased the number of children served in family settings to the highest ever. The agency also set state records for the most child support collected and decreased Maryland's food stamp error rate by 70 percent.

Dallas has also worked in the private sector at a Fortune 500 company that provides business processing outsourcing services to the public sector. His life in public service also includes serving as the City of Philadelphia's first deputy managing director. Ted grew up in Montgomery County. He earned an undergraduate degree in political science and economics from the University of Pennsylvania and a master's in business administration from Temple University.



### Al Condeluci. Al Condeluci is a lifelong resident of the Pittsburgh area.

He received his masters and doctorate degrees at the University of Pittsburgh. For the past 43 years Dr. Condeluci has been associated with CLASS, a full service nonprofit organization supporting people with disabilities, where he currently serves as Chief Executive Officer. He holds faculty appointments with the University of Pittsburgh's School of Health and Rehabilitation Sciences and School of Social Work. Al serves as a consultant, collaborator and lectures extensively around the country often on material from his

books, <u>Interdependence</u> (1991, 1995), <u>Beyond Difference</u> (1996), <u>Cultural Shifting</u> (2002), <u>Advocacy for Change</u> (2004), <u>Together is Better</u> (2008), and the <u>Social Capital: The Keys to Macro Change</u> (2014), <u>The Macro Change Handbook</u> (2015). He has been particularly active in looking at best practice aspects in disability services and the shift from micro services to macro approaches. Al and his wife, Liz, have 3 children, Dante, Gianna and Santino, and live on the family "hill" in McKees Rocks ,PA with some 17 other Condeluci families.

Al can be reached at 412-683-7100, <u>acondeluci@classcommunity.org</u>, <u>www.alcondeluci.com</u>, <u>www.buildingsocialcapital.org</u> @acondeluci on Twitter

**Torrie Dunlap.** In 1998, Torrie Dunlap found her life's purpose when she taught a theater class for children that included a boy with Down syndrome. This is also how she came to know the work of Kids Included Together, a nonprofit where she started as a volunteer and today is the Chief Executive Officer. Kids Included Together (KIT) works all around the globe to help child and youth programs meaningfully include children of all abilities. Torrie is a thought-leader in the Inclusion movement with her active social



media presence including blog posts, over 3,000 tweets, podcasts, Google Hangouts and many other activities. She has delivered keynotes and trainings on inclusion and participated in panel discussions around the United States and in Canada and Europe. In addition to her speaking engagements, she has been published in textbooks, professional journals and trade magazines. Torrie is a Certified Professional in Learning and Performance and in 2013 was selected as a Social Innovation Fellow at Stanford's Graduate School of Business. In October 2014, she delivered her first Tedx talk and in 2016, she spoke at the United Nations on World Down Syndrome Day. Follow her on Twitter @torriedunlap.



**Nancy Minshew.** Dr. Minshew is a pediatric neurologist, Professor of Psychiatry and Neurology, and Endowed Chair in Autism Research at the University of Pittsburgh. For the past 30 years, her research has focused on elucidating the cognitive and brain basis of the behavior that defines autism spectrum disorder. About 7 years ago, she began focusing on the development of new cognitive based treatments for adolescents and adults with autism that will translate the research advances in autism to practice.

# FEATURED SPEAKERS

**Julie Petty.** Julie Petty graduated from the University of Arkansas with a Bachelor of Arts in Journalism and has been a leader in the self-advocacy movement in Arkansas and nationally for several years. In 1998, she established Arkansas People First and helped it grow statewide. She has organized several state conferences, served on boards and advisory councils related to disability policy, and co-developed a training curriculum for self-advocates. Julie joined the staff at Partners in March of 2009 where she works on various projects to educate people with disabilities and others. Julie is an accomplished self-advocate from Arkansas and was the President of SABE (Self Advocates Becoming Empowered) from 2006-2008.

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Michelle (Sheli) Reynolds. Dr. Reynolds' passion, knowledge, and experience come from growing up as a sibling of a brother with developmental disabilities. She is Director of Individual Advocacy and Family Support at the University of Missouri Kansas City (UMKC), Institute for Human Development (University Center on Excellence in Developmental Disabilities - UCEDD) where she has worked for more than 20 years. In this role she is responsible for projects that directly impact the lives of persons with disabilities and their families such as the HRSA Family-to-Family Health Information Center for Missouri, Sharing Our Strengths Parent-to-Parent program housed within the Missouri Developmental Disability Resource Center and by providing direct

support to People First of Missouri and Self-Advocates Becoming Empowered, the state and national selfadvocacy movement for adults with developmental disabilities for more than 12 years. Her work focuses on transformation of state systems through implementation of the Supporting Families LifeCourse Framework and Tools. Nationally, she is able to impact state systems in her role as the co-principal investigator for the National Community of Practice on Supports to Families grant from the Administration on Developmental Disabilities in collaboration with National Association of State Directors of Developmental Disabilities Services. In May 2014 she was appointed to the President's Committee for People with Intellectual Disabilities (PCPID). She received her doctorate in Public Administration and Sociology from the University of Missouri, Kansas City with a focus on family support research and policy for families of individuals with disabilities across the lifespan.

# FEATURED SPEAKERS

**Scott Michael Robertson** is an autistic adult who completed his Ph.D. degree in information sciences and technology at Penn State University. In addition to his work with the Autistic Self Advocacy Network (ASAN), Scott chaired the Developmental Disabilities Council's Achievement Committee for initiatives in education, health, employment, and aging and also served as the Joseph P. Kennedy, Jr. Foundation's Public Policy Fellow. He is currently a Policy Advisor for the Office of Disability Employment Policy in the U.S. Department of Labor.





**Ann Turnbull.** Dr. Ann Turnbull has been a professor, teacher, researcher, and advocate for individuals with disabilities, their families, and service providers for more than 35 years. In 1988, she was the co-founder of the University of Kansas Beach Center on Disability which is a vital hub of national and international research and development on contemporary issues impacting the quality of life for individuals with disabilities and their families. In 1987, the National Down Syndrome Congress presented its National Research Award to the Beach Center. Ann has been the Principal Investigator on over 25 federally funded research grants and has authored 33 books, including 2 leading textbooks in the field of special education. She has also authored over 250 articles and chapters. In 1999, she was selected as one of 36 individuals who "changed the course of history for individuals with intellectual and developmental

disabilities in the 20<sup>th</sup> century." Ann has provided leadership in national professional and family organizations, including being the President of the American Association on Intellectual Disabilities. She has received the University of Kansas' highest awards for graduate education, as well as for research. She was selected in 1990 for the Rose Fitzgerald Kennedy International Leadership Award, as well as for The Arc's Distinguished Research Award in 2004. In addition to her professional credentials, she is the parent of three children, one of whom, Jay (1967-2009), was an adult son with multiple disabilities who had what Ann describes as an "enviable life" in terms of his inclusion; productivity; and contributions to his family, friends, and community.

# FEATURED SPEAKERS

## Pre-Conference Tuesday, September 13, 2016



#### An Introduction to Person-Centered Active Support

Julie Beadle-Brown, University of Kent, The Tizard Centre with Frank Koerber, Typical Life Corporation, and Kirsten Yurich, The Vista School

This workshop will cover the values, rationales and principles of person-centered active support – an approach to support that aims to enable and empower people with intellectual and developmental disabilities to develop their skills, experience real choice and control and become more valued members of their community. The workshop forms the first day of the training for staff and managers on person-centered active support and will be of interest to those providing services and education (managers and staff alike) for those with intellectual and developmental disabilities. It is anticipated that families will also find the content useful. The workshop will bring together presentation, videos and examples, exercises and discussion.

Julie Beadle-Brown is a Reader (Professor) in Intellectual and Developmental Disabilities at the Tizard Centre, University of Kent, UK and Professor in Disability Studies, Living with Disability Research Centre, La Trobe University, Australia. A psychologist by training, with almost 25 years of experience working as a teacher, researcher and consultant in the field of intellectual and developmental disabilities, Julie focuses primarily on helping services enable and empower people with IDD to develop in autonomy, independence and as a valued member of their community. The author of a range of resources around active support, Julie has with worked with organizations around the world to implement and research this approach.



#### Increasing Independence and Reducing Cost through Technology Assisted Supports

Dave Toeniskoetter, Dungarvin Paul Smith, Dungarvin Jen Elleraas, Dungarvin Tim Janssen, Sengistix

Through the use of Sengistix remote monitoring technology, Dungarvin is able to support adults with intellectual and developmental disabilities in the community with greater independence and substantially lower costs. In this session, representatives from Dungarvin and Sengistix will take a "deep dive" into the transformation of services through technology.

Participants will gain an in-depth understanding of: how remote monitoring technology works; who can benefit from remote monitoring (including several case studies); and how to address questions of funding, privacy and liability.



Dave Toeniskoetter joined Dungarvin in 1980. Over the years, Dave has worn many hats, and was responsible for the development of Dungarvin's national central office support team. Since 2006, he has served as Dungarvin's President and Chief Executive Officer. Dave has also served as a member of the Board of Directors and as President of the American Network of Community Options and Resources (ANCOR). He received his Bachelor of Arts degree and Law degree from the University of Minnesota.



Paul Smith joined Dungarvin in 2007 and provides executive oversight of Human Resources and Risk Management as well as Information Services. In addition, he oversees Sengistix, a 24/7 remote monitoring provider specializing in the delivery of automated sensing technology solutions to caregivers of individuals with disabilities. Paul holds a B.A. in Management from the College of Saint Scholastica, Minnesota, and a J.D. from Boston University School of Law. Paul is also a certified project manager and an admitted member of the Minnesota Bar.



Jen has worked for Dungarvin Minnesota for over 10 years, the last 8 of which as Director with oversight of Dungarvin Minnesota's individualized housing options (IHO) programs. Jen works closely with Sengistix to utilize innovative technology options to create a person centered approach to service delivery. Jen earned her Bachelor of Arts degree in Secondary Education and English, with a minor in Deaf Studies from Augustana University, Sioux Falls, South Dakota. Jen has been an active member of Minnesota's trade association (ARRM) for over 8 years and currently sits on its Technology and Workforce Solutions committees.



Prior to joining Sengistix, Tim served in multiple capacities within the I/DD field. Tim's focus on improving quality and delivering innovative services has been grounded in technology utilization, which lead him to his current role as Sengistix's Operations Director. Tim earned his Bachelor of Arts degree in Psychology from Saint John's University in Collegeville, Minnesota. Tim is actively involved in Minnesota's trade association, ARRM, and is a graduate of the National Leadership Consortium on Developmental Disabilities Leadership Institute Program.

# PRE-CONFERENCE



#### **Dual (Co-Occurring) Diagnosis and Challenging Behaviors** *Beth Barol, Widener University*

From Biography to Treatment: returning to the biographical timeline process to help us figure out how to support people with co-occurring diagnoses and challenging behaviors.

Despite our best attempts, figuring out how to better support some people with dual diagnosis challenging behaviors eludes us. Supporters burn out, service providers throw up los and treatment approaches became increasingly restrictive.

their hands in surrender, and treatment approaches become increasingly restrictive.

People claim that people with a dual diagnosis behave the way that they do because it is 'just the way they are', or 'they are just trying to manipulate us'. We respond by being overly controlling, resorting to over-sedation, and emotional abandonment among other futile approaches. All the while, the individual continues to struggle in vain in an attempt to live a meaningful and fulfilling life.

During this session, we will explore how to maximize the information we discover about a person's life journey, via a sample biographical timeline. Focusing on life experiences, including, friendships, love, mastery and successes, as well as trauma, marginalization, and loss, often leads us to a positive healing path. Utilizing the lens of the biography, we will work together to derive supports that will be more effective for the person and the supporters.

Once we identify the root causes of the person's challenging behaviors we will explore the rich array of therapeutic opportunities available in everyday life as well as through formal modalities. Finally, we will discuss, how these individuals, who have gone through so much, can help us transform our approaches and interventions from prebirth to the present – system -wide.

Dr. Barol has been working with the Biographical Timeline process for over 30 years. She has dedicated the past 40 years to serving and supporting people with Intellectual and Developmental Disability (IDD) who also have challenging behaviors. Her areas of practice include: Positive Approaches with people with IDD and challenging behaviors including co-occurring mental illness, the effects of trauma, and neurological differences. She is currently the interim Associate Dean and Director of Widener University's Center for Social Work Education.

# PRE-CONFERENCE



**Preparing for the Ride of a Lifetime: A Guide to Provider Transformation** *Thomas Wilds, St. John's Community Services (retired)* 

St. John's Community Services was a typical non-profit agency that operated a center for people living with disabilities. In the 1980s, the agency grew rapidly as a consequence of the Education of All Handicapped Children Act and deinstitutionalization efforts. Everything about the agency was changing and the board and staff struggled with purpose and direction.

During the first part of the session, follow this agency's pursuit to redefine itself and what it took to recreate itself with new: core values, mission, team and community alternatives to leave the building and finally shut the door.

The second part of the session will focus on assisting agencies to conduct a self assessment of their readiness to transform to a culture of community inclusion and to develop their initial implementation plan for transformation to an agency that provides support and opportunities for Everyday Lives. Agencies are encouraged to bring representatives of their management team to actively engage in a team planning exercise.

Thomas "Tom" Wilds has served as a Subject Matter Expert for the Office of Disability Employment Policy, US Department of Labor for the last several years in the states of Alabama, Arkansas, Illinois, Iowa and Ohio. He has also served as an expert for the Department of Justice. In 2014 he retired after 33 years as CEO/President of St. John's Community Services, a historical non-profit agency that at his retirement provided both direct services and advocacy for people with disabilities in the District of Columbia, Tennessee, Virginia, and Pennsylvania. With over 47 years in the field, Tom started his career as a back ward attendant at a state school in St. Louis, MO. He has worked with state agencies providing technical assistance to effect state change through the Universities of Texas, Kentucky, North Carolina, Howard and George Washington utilizing a variety of federal, state and private funding. He was one of the founding members and president of the provider association in Washington, DC. He has participated in a wide range of interagency efforts addressing class action litigation and legislative efforts that facilitated community inclusion. He was instrumental in growing the St. John's program from a small private school program to a multi state community based agency that consisted of eight corporations and eight boards. He grew the agency and led a team of over 900 staff to create 100% community support and opportunities for people of all ages living with disabilities. Under his leadership, St. John's was often requested to assist other providers in the transformation of services that were facility based and segregated to fully integrated ones focused on employment and meaningful life in the community.

# PRE-CONFERENCE

## **Everyday Lives**

#### Tuesday, September 13, 2016

	<ul> <li>Pre-Conference Registration</li> <li>Pre-Conference Sessions</li> </ul>	
12:00 p.m. – 1:00 p.m		
	Pre-Conference Sessions	
	(cont.)	
6:00 p.m. – 8:00 p.m	. General Registration	
6:00 p.m. – 8:00 p.m	. Welcome Reception	
Wednesday, September 14, 2016		
8:00 a.m. – 10:00 a.m	. Registration	
10:00 a.m. – 12:00 p.m	Opening Session & Featured	
·	Speaker	
12:00 p.m. – 1:00 p.m	. Lunch Provided	
1:00 p.m. – 2:00 p.m	. Featured Speaker	
2:00 p.m. – 2:15 p.m	. Break	
• •	. Breakout Session 1	
3:30 p.m. – 3:45 p.m		
3:45 p.m. – 5:00 p.m		
6:00 p.m. – 8:00 p.m	. Dinner & Featured Speaker	
Thursday, September 15, 2016		
Thursday, Septembe	r 15, 2016	
Thursday, Septembe           8:00 a.m.         9:00 a.m		
	. Registration	
8:00 a.m. – 9:00 a.m	. Registration . Featured Speaker	
8:00 a.m. – 9:00 a.m 9:00 a.m. – 10:00 a.m	. Registration . Featured Speaker . Break	
8:00 a.m. – 9:00 a.m 9:00 a.m. – 10:00 a.m 10:00 a.m. – 10:15 a.m	<ul> <li>Registration</li> <li>Featured Speaker</li> <li>Break</li> <li>Breakout Session 3</li> </ul>	
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- 12:00 p.m. 1:00 p.m. Lunch & Featured Speaker
- 1:00 p.m. 2:00 p.m. Closing

## Everyday Lives Conference 2016

#### Wednesday, September 14, 2016

#### Opening Session (10:00 a.m. – 12:00 p.m.)

#### Welcome

*Nancy Thaler, Deputy Secretary of Developmental Programs, Pennsylvania Department of Human Services* 

#### F1. Supporting Families National Community of Practice

Pennsylvania has joined the Supporting Families National Community of Practice. The overall goal of supporting families, with all of their complexity, strengths and unique abilities is so they can best support, nurture, love and facilitate opportunities for the achievement of self-determination, interdependence, productivity, integration, and inclusion in all facets of community life for their family members. Ms. Reynolds will share national developments and the opportunities for PA.

*Sheli Reynolds,* University of Missouri Kansas City, Institute for Human Development, University Center on Excellence in Developmental Disabilities

#### Lunch (12:00 p.m. – 1:00 p.m.)

#### Featured Speaker (1:00 p.m. – 2:00 p.m.)

F2. The Brain in Autism: Basis for Disability and Treatment In this session, Dr. Minshew will describe the advances in understanding the brain basis of autism, current key questions under investigation, and the evidence that the brain in autism is plastic across the life span and thus responsive to treatments. She will also talk about the brain and genetic basis for case to case variability.

Nancy Minshew, University of Pittsburgh

Break (2:00 p.m. – 2:15 p.m.)

#### Breakout Session 1 (2:15 p.m. – 3:30 p.m.)

## 101. Supporting Self-Advocacy at Home, Work, and in the Community

This presentation offers an introduction to supporting individuals with autism in learning self-advocacy skills. Topics include learning the three basic steps of selfadvocacy, identifying the indicators and measures for self-advocacy skill development, and review of five self-advocacy skill areas (social, sensory, special interests, disclosure and civil rights/entitlements). Specific training will be on implementing the ISA Sensory and Social Scans<sup>®</sup>. The presentation includes assessment tools, supports for the development of individual service plan goals that foster self-advocacy ability, support in functional behavioral assessment, and implementation strategies for the Integrated Self Advocacy ISA<sup>®</sup> Curriculum.

#### Valerie Paradiz, Valerie Paradiz, LLC

## 102. Living an Everyday Life: Creative Employment Successes!

The core components of an Everyday Life are fulfilled when individuals experience community employment. This session will celebrate the successes that individuals have achieved when creative employment options are identified and realized. In addition to the celebration, the session will focus on real-life examples of how providers can utilize resources and create organizational change, as they support individuals to create transformational career opportunities.

*Susan Schonfeld,* Community Integrated Services *Jen Skelly,* Penn-Mar Human Services

## 103. Surrounded by the Spectrum: Family Dynamics and ASD

Recent research confirms that the traits of ASD can often be seen among siblings and parents of the individual with ASD. Since ASD affects how individuals perceive and react to the world, it creates a crosscultural dynamic in the family. This dynamic becomes particularly intense at various stages of family development, especially the stage when children typically launch into adulthood. This presentation will explore the unique family dynamics that result and, most importantly, offers concrete strategies for decreasing stress and improving family relationships.

#### 104. Going to College in Pennsylvania!!

Are you a young adult with intellectual disabilities (ID) who has a desire to attend college? Are you a family member who is looking for a rich, inclusive environment for your transition age adult child to continue her/his education and have opportunities to build job skills and make friends? Are you a supports coordinator, educator or provider who is helping a young adult plan for his/her future? If so, please join us to find out about the possibilities that exist in PA for young adults with ID to attend inclusive postsecondary programs at some of PA's most well regarded colleges and universities. Highlights featuring the Academy for Adult Learning at Temple University and Career and Life Studies at Millersville University will be shared with the audience. Information on how to pay for these programs through grants, scholarships and service dollars will also be featured.

*Kathy Miller, Temple University, Institute on Disabilities Sherri Landis, The DREAM Partnership Jan Bechtel, Millersville University* 

105. Supports Brokering: Supporting People to Self-Direct Self-directed services or "Participant-Directed Services" are about fundamentally shifting choice and control to the person who receives services. For people to effectively direct their own services and supports, they may need access to intensive personcentered planning, coordination of their formal and informal supports, and assistance with their employerrelated responsibilities. Supports brokering is a critical type of assistance for many people who self-direct their services and supports. This session will cover the roles and responsibilities of the Supports Broker, provider qualifications and training and the current status of Supports Brokering in Pennsylvania. A woman and her Supports Broker will share their perspectives on the service.

Kristin Ahrens, Office of Developmental Programs Marian Frattarola-Saulino, Values into Action-PA Javier Salazar, Values into Action-PA Erin Perry, Self-Advocate Kathy Perry, Values into Action-PA 106. Mental Health Aspects of Individuals with Intellectual and Developmental Disabilities Through case examples, the presentation will address ways to assess manifestations of behavioral health symptoms and associated challenging behaviors in individuals with intellectual and developmental disabilities. The session will also discuss approaches to interventions and ways to present symptom and behavioral specific information to the interdisciplinary team.

*John McGonigle,* University of Pittsburgh School of Medicine

107. Driving Towards Quality - Make It a Road Trip!

Quality Management is everybody's business, so when your agency embarks on an improvement opportunity – everyone needs to be on board. Using National Core Indicators as your compass, and HCSIS as your map, your adventure in quality can lead to improvements for everyone. This session will use real examples to see how Administrative Entities, service providers and support coordination organizations can collaboratively use data and quality improvement tools to create an improvement-focused organizational culture.

*Mary Lou Bourne,* National Association of State Directors of Developmental Disabilities Services (NASDDDS)

108. An Introduction to Person-Centered Active Support This session includes a brief introduction to the concept of engagement in meaningful activities and relations, why it is important for quality of life and how person-centered active support can be used to enable and empower people with disabilities to grow in independence, experience real choice and control and become a more valued member of their community. This session will combine presentation, videos and brief exercises.

*Julie Beadle-Brown*, University of Kent, The Tizard Centre

#### Break (3:30 p.m. – 3:45 p.m.)

#### Breakout Session 2 (3:45 p.m. - 5:00 p.m.)

#### 201. Trauma Warriors: Adults with Autism Share their Experiences and Survivor Stories

Produced by Anthony Morgali and Valerie Paradiz, executive director of the Autistic Global Initiative, this film features adults with autism as they discuss the effects of trauma in childhood and their survivorship stories as adults. Many people with autism experience trauma when they are bullied at school as children or harassed at the workplace or in public setting as adults, often leading them down the difficult path of developing other disorders such as PTSD. The film brings awareness to this still hidden, yet pervasive, problem within our autism community.

*Valerie Paradiz,* Autistic Global Initiative, Autism Research Institute

### 202. Introduction to the LifeCourse Framework: Creating a Vision of a Good Life for All

As Pennsylvania joins the National Community of Practice of Supporting Families throughout the Lifespan, the newly-created PA Family Network begins outreach to connect with families across the state to share tools that encourage developing a strong vision of an everyday life for all. This interactive workshop will provide an opportunity to discover those tools and realize the importance of high expectations and meaningful experiences in reaching for a good life at every life stage. Family Advisors with the PA Family Network will introduce the LifeCourse Framework and share examples of the discoveries, opportunities, and different expectations these concepts ignite.

#### PA Family Network Representatives

#### 203. Community Participation Models: National and Statewide Perspectives

Presenters with expertise in home and communitybased services policy and vocational programming will present on steps towards community engagement and systems transformations regarding services for individuals with disabilities. The presenters will highlight the successes and challenges of community participation programs within the context of the Pennsylvania ID Waiver renewal.

*Thomas Wilds, Office of Disability Employment Policy,* U.S. Department of Labor *Eric Welsh,* ACHIEVA

#### 204. Implementing and Maintaining Person-Centered Active Support – Organization, Skilled Support and a Supportive Motivational Structure

This session will explore what is known from research and practice about what is needed to ensure successful implementation and maintenance of person-centered active support over time. It will focus in particular on the role of the frontline manager as a practice leader, but will also look at the role senior management have to play in supporting implementation through a whole organizational approach. The session will be aimed in particular at those who are involved in the management of services, but the topics discussed will also be of interest to those in education, clinicians, and other professionals.

*Julie Beadle-Brown*, University of Kent, The Tizard Centre

#### 205. Getting Started with Emergent Communicators

During this session, participants will learn about the characteristics of emergent communicators, partner behaviors to facilitate communication with emergent communicators, and devices that may meet the communication needs of emergent communicators.

#### Amy Goldman, Temple University, Institute on Disabilities Kathryn Helland, Temple University, Institute on

#### 206. Technology Facilitates Independence

Disabilities

Implementation of Smart Home Technology enhances independence, safety, and dignity. UCP's Independent Living Technology (ILT) Team coordinates Smart Home Technology to help individuals with disabilities achieve a maximum level of independence, while offering peace of mind to caregivers and loved ones. This interactive, multimedia session will highlight the benefits, equipment, process, and potential outcomes.

**Roxanne Daniel**, United Cerebral Palsy of Central PA **Janeen Latin**, United Cerebral Palsy of Central PA

#### 207. Let's Get to Work!

Do you want a job? Come to this session and learn about Employment First and what it means for you. Learn ways to look for a job, how to get ready for an interview, who can help you protect your benefits, and other important things to think about. You will be able to tell us what you think and ask questions.

#### Self Advocacy Power Network for All (SAPNA) Representatives

Dinner (6:00 p.m. - 8:00 p.m.)

#### Featured Speakers (6:00 p.m. – 8:00 p.m.)

#### F3. Turning a Vision into Reality

Scott and Julie are trailblazers. In both their personal and professional lives they have been breaking down barriers, busting myths and opening doors for people with disabilities. They will share their life experiences and insights on school, work, marriage and life and how to turn a vision into reality.

Scott Robertson, Office of Disability Employment Policy, U.S. Department of Labor Julie Petty, Partners for Inclusive Communities (Partners), Arkansas' University Center on Disabilities



## Everyday Lives Conference 2016

#### Thursday, September 15, 2016

#### Featured Speaker (9:00 a.m. – 10:00 a.m.)

#### F4. The Power and Potency of Social Capital

All of us are interested in a better community where all people have an opportunity for accessible and affordable homes, jobs or meaningful daytime opportunities and lifestyles of their choice. In spite of our many years of work on this goal, the outcomes in this area are still not satisfactory for people who are vulnerable due to disability or other compromises. Many of these vulnerable people find themselves in isolated situations with limited options for friendships and important social relationships. This presentation takes a close look at the reasons why our systems have not been more successful in these goals, defines and delineates the concept of social capital, and offers a community building perspective designed to shift the culture to be more inclusive and supportive to all people.

**Al Condeluci**, Community Living And Supported Services (CLASS)

#### Break (10:00 a.m. – 10:15 a.m.)

#### Breakout Session 3 (10:15 a.m. – 11:30 a.m.)



#### 301. Building Community

Independent from the keynote, this session will be an interactive and deeper look at strategies and actions for building inclusive communities. The 4 key steps of building social capital will be explored and examined and participants will have opportunity to develop a blueprint for action.

**Al Condeluci**, Community Living And Supported Services (CLASS)

#### 302. It Doesn't Just Feel Good... It IS Good: Wholistic Practices for People with Disabilities

Wholistic and complementary practices have been around for thousands of years, but not always available to everyone. Some small demonstration projects are increasing opportunities to provide "alternative treatments" to those previously excluded (such as those with disabilities) while also helping us learn more about the possible impact on overall wellbeing -- especially with anxiety, trauma, grief, and/or "behavioral challenges."

Marianne Roche, practitioner of wholistic services Rosa McAllister, Networks for Training and Development, Inc. Jennifer Williams, SPIN, Inc. Patricia Graves, Phila. Coordinated Health Care Anne Bartol, Northumberland County BH/IDS, Anne Kalinoski, Northumberland County BH/IDS Jessica Stover, Networks for Training and Development, Inc. Jim Conroy, Center for Outcome Analysis

#### 303. Relationships – Self-Advocate Perspectives on Life and Love

In this session, a panel of self-advocates will share their relationship journeys. They'll talk about the importance of relationships in their lives; how they are supported by and provide support to the people in their lives. Building and maintaining healthy relationships with family, friends, romantic partners, and community connections will be discussed.

#### Self-Advocates

## 304. Crafting the Ideal Job Through Discovery and Customization

The Arc of Pennsylvania believes everyone can work. Why not pursue a job that is customized to fit your skills and interests? Learn how employment opportunities can be created based on everyone's unique contributions.

**Rita Cheskiewicz**, Include Me **Anthony Chan**, Arc Discovery Employment and Transitions (ADEPT)

## 305. An Overview of Dementia Capable Care for People with ID

The Commonwealth of Pennsylvania has the second oldest citizenry in the country and caring for people with ID who also experience the effects of dementia will be an increasing challenge for families and caregivers in the coming decades. The purpose of this session will be to increase awareness of the issues related to dementia and people with intellectual disabilities, introduce nationally recognized tools and strategies that can support Person Centered Thinking and Planning, and promote the best quality of life possible for the individual.

*Frank Schweigert,* The Columbus Organization *Dave Maloney,* The Columbus Organization

#### 306. The Emerging Roles and Changing Expectations of the Direct Support Workforce

This session offers a chance to reflect on the evolving role and expectations of direct support professionals. Many of these changes are driven by the Centers for Medicare & Medicaid Services (CMS) and its Federal Home and Community-Based Services Community Rule. This is a radical departure from which we are accustomed and will ultimately create an emphasis on personal autonomy, greater access to integrated settings and helping people to make informed choices. The focus of this session addresses one important piece of the CMS Rule; how do we support people with disabilities to make informed decisions? What is the direct support professional's role in this process? What are the workforce demographics and projections to fulfill these expectations? Do direct support professionals currently possess the tools, resources and skills to uphold this responsibility?

*Joseph Macbeth,* National Alliance for Direct Support Professionals (NADSP)

### 307. Everyday Lives: Self-Directing Services and Supports through Agency With Choice

People attending this session will learn about the Agency With Choice self-directing option and what Agency With Choice offers that is different than the other service management options.

Pam Baker, Barber National Institute Jeanne Meikrantz, The Arc of Chester County Gary Johnson-McNutt, The Arc of Chester County

#### 308. Safer Options: Addressing Healthy and Problematic Sexual Behaviors

Began in 1992, Safer Options was a statewide network of support for people with intellectual disabilities who had problematic sexual behaviors. This workshop will discuss the revised and expanded Safer Options program. The program affirms, as part of Everyday Lives, the basic human rights of people with intellectual and developmental disabilities to safe and positive personal and sexual relationships. It also explores how "problematic" and illegal sexual behaviors are defined, and best practices for managing problematic sexual behavior in the community while maintaining safety for the individual and community.

**Beverly Frantz**, Temple University, Institute on Disabilities **Marlinda Smith**, Office of Developmental Programs

#### Lunch (11:30 a.m. – 12:45 p.m.)



#### Featured Speaker (12:45 p.m. – 1:45 p.m.)

### F4. Family Support for Creating Enviable Lives through Group Action Planning

Ann will focus on a process for how families (individuals with disabilities, parents, siblings, and other members) can join forces in mobilizing a "village" (themselves, friends, co-workers, neighbors, community citizens, professionals) for the purpose of evolving a comprehensive system of support. The goal of this comprehensive system of support is what Ann describes as an enviable life, by which she means a quality of life that is what we all want for ourselves and our loved ones—a life with full citizenship. Ann refers to this process as Group Action Planning, and she will share her own family experience in using Group Action Planning to transform her son's, Jay's, life from the array of segregated adult services to inclusive community living . Using a detailed handout and video segments, Ann will describe five components of Group Action Planning—Inviting Support, Making Connections, Sharing Great Expectations, Solving Problems, and Celebrating Success. She will especially highlight Jay's supported role in each of these components. Ann will expand from her own family's transition-to-adulthood experience to highlight how she has participated in Group Action Planning with other families at every lifespan stage from early intervention to the aging years/hospice.

Ann Turnbull, The University of Kansas, Beach Center on Disability

#### Break (1:45 p.m. – 2:00 p.m.)

#### Breakout Session 4 (2:00 p.m. - 3:15 p.m.)

401. What You Need to Know about PA's ABLE Program PA's ABLE Act became Law April 18, 2016. PA's ABLE program will provide tax-free savings accounts that allow people to save for a wide range of disabilityrelated expenses including health care, housing, education and transportation without jeopardizing their eligibility for other critical programs. Learn how PA's ABLE program will be implemented across the Commonwealth.

Maureen Cronin, The Arc of PA Kathleen McGrath, PA Department of Treasury

#### 402. PA's Community of Practice: Regional Collaboratives and the Collective Vision of an Everyday Life for All Pennsylvania's strategy, as one of 11 new states joining the national Community of Practice of Supporting Families throughout the Lifespan, places the creation, planning, and direction at the local and regional level. With counties taking the lead in bringing all stakeholders together in their naturallyconnected communities, the vision is that those "Regional Collaboratives" will discover strategies that truly support families so that they can best nurture and support their sons, daughters and siblings to have full and meaningful everyday lives. Through a panel discussion, this session will explore how plans are coming together across Pennsylvania in different ways that reflect the uniqueness of our communities.

#### Nancy Richey, Office of Developmental Programs Regional Collaborative Representatives

403. Helping Persons Improve Their Diets and Expand Their Food Preferences

This session will describe changes that can be made during meals, in the kitchen, and in the home to encourage persons to eat a healthy diet.

*Keith Williams, Penn State Milton S. Hershey Medical Center* 

404. Collaboration & Partnership to Ensure an Everyday Life: Strategies to Support People with Significant Mental Health Needs & Complex Clinical Conditions (continued in session 503)

In this two-part session, provider efforts are reflected in the presentations about their agencies' strategies utilized to support people with mental health/ behavioral health challenges. The provider panelists will describe how they use Positive Practices-based supports with people with intellectual/developmental disabilities or autism and mental health/behavioral challenges. They will talk about their collaborative approaches to offer services while supporting the person to have an Everyday Life.

Marlinda Smith, Office of Developmental Programs

#### 405. IM4Q - What do the Statewide Data Say???

IM4Q has been collecting quality of life data from people with disabilities by family members and people with disabilities for more than 15 years. Come and hear the latest information on what the data say and how they are being used.

*Celia Feinstein, Temple University, Institute on Disabilities* 

*James Lemanowicz, Temple University, Institute on Disabilities* 

*Mary Kay Cunningham*, *Temple University*, *Institute on Disabilities* 

Guy Caruso, Temple University, Institute on Disabilities

#### 406. Reaching All Learners - Apple<sup>®</sup> Technology for People with Disabilities

Discover new ways Apple<sup>®</sup> is making exciting technology available to all people as part of its ongoing commitment to accessibility. In this session, participants will learn how to use the built-in accessibility features in every Mac and iPad to assist people with disabilities, including vision, hearing, speech, physical and motor skills, and learning disabilities. Participants will also learn about various applications for the iPad (many of which are free) that can be used by people with intellectual disabilities and autism.

Dave Marra, Apple® Inc.

#### 407. An Everyday Life for My Son/Daughter – Parent Perspectives

In this session, a panel of parents will discuss how they are supporting their sons and daughters in having an everyday, adult life. They'll talk about the triumphs and challenges they've encountered along the way and how they are supporting their sons and daughters in their adult lives.

Patti and Al Middlemiss, Parents Margaret Houser, Parent Liz Healey, PEAL Center Kathy Gingerich, The Arc of Dauphin County

#### 408. Practical Implications of Genetic Diagnoses for People with Intellectual and Developmental **Disabilities** (continued in session 508) Genetic factors play a major role in causing intellectual and developmental disabilities (IDD). Advances in diagnostic testing have allowed the identification of many distinct genetic conditions associated with cognitive and behavioral symptoms, yet most people with IDD have never had a comprehensive genetic evaluation to look for an underlying cause. Determining the cause of a person's IDD can provide important insights into diagnosis-specific behavioral and medical interventions, as well as individual and family supports. Professionals working with people who have IDD can benefit from training about the impact of genetic diagnoses on health, behavior, and learning.

**Brenda Finucane,** Geisinger Autism & Developmental Medicine Institute (ADMI)

#### Break (3:15 p.m. – 3:30 p.m.)

#### Breakout Session 5 (3:30 p.m. – 4:45 p.m.)

#### 501. Transforming Vocational Services

A panel of ODP providers will discuss vocational transformation. Each of the panel members will address why the decision was made, describe their planning process and lessons learned.

Colleen Stuart, Venango Training and Development Wendy Pardee, Skills of Central Pennsylvania Rob Labatch, Hope Enterprises Will Stennett, Family Services of Western PA



#### 502. Pet Therapy: Benefits and More...

Come and learn about the history and benefits of pet therapy, how volunteers and therapy pets are evaluated, and the many places pet therapy is used in todays' world. The session will be presented by Caring Hearts Pet Therapy and the Capital Area Therapeutic Riding Association (CATRA), both of which are nonprofit organizations. Caring Hearts Pet Therapy provides volunteer/pet teams to over 85 locations in South Central Pennsylvania. CATRA provides therapeutic horseback riding to people with disabilities and is located near Grantville, PA. It is anticipated that a cat, two dogs, a pygmy goat, and possibly a mini horse will be in attendance at the session.

Kathy Laverty, Caring Hearts Pet Therapy Ben Nolt, Jr., Capital Area Therapeutic Riding Association

503. Collaboration & Partnership to Ensure an Everyday Life: Strategies to Support People with Significant Mental Health Needs & Complex Clinical Conditions (continued from session 404)

In this two-part session, provider efforts are reflected in the presentations about their agencies' strategies utilized to support people with mental health/ behavioral health challenges. The provider panelists will describe how they use Positive Practices-based supports with people with intellectual/developmental disabilities or autism and mental health/behavioral challenges. They will talk about their collaborative approaches to offer services while supporting the person to have an Everyday Life.

Marlinda Smith, Office of Developmental Programs



#### 504. Lifesharing...Several Models

This session will discuss Shared Support Inc's approaches to Lifesharing. Shared Support will discuss how lifesharing can offer opportunities for everyday lives with shared responsibility, routines, and fun! Administrative structure, person centered management practices, compliance considerations and outcomes will be reviewed.

*Liz DeVett,* Shared Support Inc. *Chris Martin,* Shared Support Inc.

505. Telecommunication: 21st Century Technologies for Access and Independence

This session will discuss three features in "landline" phones that can support people with ID. "Smart phone" characteristics that promote independence will be discussed as well as "apps" that can be used to promote social engagement and relationships.

Amy Goldman, Temple University, Institute on Disabilities Kathryn Helland, Temple University, Institute on Disabilities

#### 506. Pennsylvania Sibling Support Network

The Pennsylvania Sibling Support Network (PSSN) is the official PA chapter of the national Sibling Leadership Network (SLN) and is dedicated to uniting and supporting siblings with their brothers and sisters who have mental, physical and intellectual disabilities. Come learn about the information and support for siblings of people with disabilities across the lifespan.

Lynne Mack, Pennsylvania Sibling Support Network Andrea Powell, Pennsylvania Sibling Support Network Katie Arnold, Sibling Leadership Network

#### 507. Let's Speak Up!

We all have things to say about what we want and need in our lives. Learn about your rights to speak up, when you need to speak up, ways you can speak up, and what to do if you think no one is listening to what you have to say. Come and meet presenters who want to hear what you have to say!

Self Advocacy Power Network for All (SAPNA) Representatives 508. Practical Implications of Genetic Diagnoses for People with Intellectual and Developmental **Disabilities** (continued in session 408) Genetic factors play a major role in causing intellectual and developmental disabilities (IDD). Advances in diagnostic testing have allowed the identification of many distinct genetic conditions associated with cognitive and behavioral symptoms, yet most people with IDD have never had a comprehensive genetic evaluation to look for an underlying cause. Determining the cause of a person's IDD can provide important insights into diagnosis-specific behavioral and medical interventions, as well as individual and family supports. Professionals working with people who have IDD can benefit from training about the impact of genetic diagnoses on health, behavior, and learning.

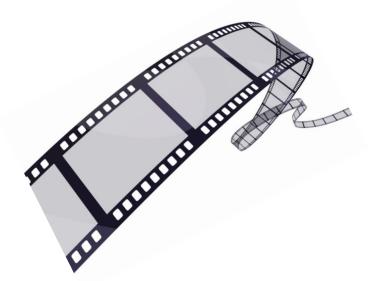
**Brenda Finucane**, Geisinger Autism & Developmental Medicine Institute (ADMI)

#### Reception (4:45 p.m. - 6:00 p.m.)

During this networking reception, come and meet the conference exhibitors. Learn about their products and services and enjoy some informal networking with other conference attendees.

The Art and Self-Employment Exhibition, Quilting Room, and Story Room will also be open during the reception.

Movie Showings (6:00 p.m. - 10:00 p.m.)



## Everyday Lives Conference 2016

Friday, September 16, 2016

#### Breakout Session 6 (9:00 a.m. - 10:15 a.m.)

#### 601. Sex and Intellectual Disabilities: Let's Talk about the Tough Stuff

Discussion during the session will focus on how efforts to protect people can contribute to their vulnerability, staff experiences and attitudes which impact people we support, and accurate and specific information about sex and relationships and how this enables people to have healthy and safe relationships.

Sharon Potter, Integrative Counseling Services, PC

## 602. Music Therapy: What Is It and How Can It Make a Difference in Your Life?

Making music is the best way to understand music therapy and the ability of music to affect change, promote wellness and build community. Through active music--making and discussion attendees will leave with a solid grasp of music therapy and a few tips on how they can better use music in their own lives and those of their clients/family members.

Michelle Montgomery Muth, M3 Music Therapy, LLC

#### 603. Everyday Freedom: EMDR within a Trauma-informed Culture

Eye Movement Desensitization and Reprocessing (EMDR) is an evidence-based treatment model, not only for PTSD and trauma, but has been proven effective with many of the small, painful experiences that lead to negative stories about ourselves. Clients who suffer with disabilities are more susceptible to various forms of trauma, including the pain and shame of knowing they are different. This presentation will broaden the understanding of trauma in the ID population and introduce attendees to EMDR and how it can be effective in resolving the pain and shame associated with PTSD.

Andrew Seubert, ClearPath Healing Arts Center

#### 604. Supporting Pennsylvanians Through Housing

The Pennsylvania Department of Human Services (DHS) released a five year housing strategy this spring detailing initiatives designed to address the housing needs of people with disabilities, people with low incomes, and people experiencing or at-risk of homelessness. Come hear the Executive Director of Housing at DHS discuss some of the exciting new efforts underway that will help connect Pennsylvanians to affordable, integrated, and supportive housing.

#### **Ben J. Laudermilch**, Office of Social Programs **Jonathan McVey**, Office of Social Programs

#### 605. Self-Advocacy through Groups and Community Involvement: A Personal Perspective and Interactive Discussion

This session will include individuals who have become leaders in the self-advocacy movement through groups in their community and nationwide. Attendees will learn about the tools individuals need to advocate for themselves and learn about the experiences of other self-advocates. Panel members will discuss their own experiences, best advocacy moments, overcoming barriers, advocacy opportunities, and how to get involved in an existing group or create your own group. Audience members will have the opportunity to ask additional questions to learn more about the unique experiences of the panel members and how they can utilize this information in their own lives.

#### **Tom Hassell**, Spectrum Friends Julia Bascom, Autistic Self Advocacy Network (ASAN) Holly Kofsky, Autism Society of Philadelphia

#### 606. Person Centered Practices in PA

The Learning Community for Person Centered Practices envisions a world where all people have positive control over their lives. In this session, the implementation of Person Centered Practices in PA will be discussed. Trainers certified by the Learning Community will discuss how PA is promoting person centeredness through training, technical assistance, and mentoring. Come and learn how you can get involved in these efforts!

Lisa Meyer, Tuscarora Intermediate Unit

#### 607. Ready. Set. Implement. Guidelines for Implementation of Behavior Change Programs

Applied Behavior Analysis (ABA) provides solutions to many of the challenges you experience. If there is a behavior that needs improvement, ABA can help. However, the development of an ABA-based program is just a start. Families, professionals, and the client may experience significant challenges when attempting to put the program in effect. This talk will first describe the essential characteristics of an effective behavior change program and provide guidelines for the implantation of the behavior change program. This presentation is designed for anyone involved in the treatment planning and implementation process. Finally, time permitting, attendees will have a chance to ask questions of the presenters about program implementation.

#### Jonathon Ivy, Penn State University Cortney Helsel, Penn State University

#### 608. Building Resilience: Enhancing the Parasympathetic Nervous System

Many people we support have moments when they are overwhelmed, agitated, or quick to ignite into anger. This session looks at the role of the parasympathetic nervous system (PNS) in helping ease a person's reactivity – and offers practical methods for direct supporters and clinicians to strengthen and engage the PNS on a daily basis. We will offer an opportunity for participants to explore means to integrate supports in the everyday environment – to help people suffering from the aftermath of trauma find a way to calm down, heal, and grow.

## **Beth Barol**, Widener University's Center for Social Work Education

*Ginny Focht New,* Widener University's Center for Social Work Education



#### Breakout Session 7 (10:30 a.m. – 11:45 a.m.)

#### 701. Community Participation Supported by

Pennsylvania's Intellectual Disability (ID) System In line with the Federal Home-and Community-Based Settings Rule, Pennsylvania is pursuing novel mechanisms to promote community engagement for individuals with disabilities. In this session, broad frameworks for community participation will be described and strategies for implementation discussed in the context of the ID waiver renewal process.

*Kristin Ahrens, Office of Developmental Programs Shelley Zaslow, Office of Developmental Programs* 

### 702. In the Shadows of Trauma: Supporting Individuals with Autism in Crisis

This session will discuss trauma from professional and personal perspectives. Some of the core reasons that can cause individuals with autism to go into crisis will be shared. The preventative side of crisis, direct support and care during a crisis situation will be discussed. The session will discuss how supporters can look further than what they assume about behavior and examine cues that are often overlooked as possible reasons for an individual to go into a crisis level need for care.

**Sondra Williams**, Adult living with autism, author, national speaker

#### 703. College of Direct Support: A Valuable Training Resource for Staff

Come learn about the College of Direct Support. An overview of what courses are available and how to access this valuable resource will be discussed. The presenter will highlight some of the courses and features in CDS.

*Mary Kay Cunningham, Temple University, Institute on Disabilities* 

#### 704. The Right To Make Choices: Supported Decision Making for People with Disabilities

Are you a person with a disability? Do you have a right to make choices in your life? Are you under guardianship? Does your guardian make choices for you that you don't want? Do you have the supports that you need to make decisions about where to live, what to do, how to spend money, or when to see a doctor? Freedom to make our own choices is a human right. In this session, we will talk about different ways to support people to make our own decisions.

Julia Bascom, Autistic Self Advocacy Network

## 705. What is this Employment 1<sup>st</sup> Everyone is Talking About?

This session will begin with a discussion about what Employment 1<sup>st</sup> is, the plan, and the latest activities around Employment 1<sup>st</sup>. There will be a question and answer period too.

**Stephen H. Suroviec**, Pennsylvania Department of Human Services

#### 706. Fetal Alcohol Spectrum Disorder – The Invisible Disability

Fetal Alcohol Spectrum Disorder is a neurodevelopmental disability that has become a world wide epidemic. New research is finding 4 in 100 live births are effected. Accurate diagnosis and appropriate and practical interventions are paramount to a person's success who is on the spectrum.

Robin VanEerden, Integrative Counseling Services, PC



## 707. My Life, My Way in Real Life – What Works? What Needs Work?

Self Advocates helped the Office of Developmental Programs learn what is important in their lives by writing the My Life, My Way Values. Join us as we talk with people and providers about what it takes to make everyday lives happen, and what keeps it from happening. Come and tell us what you think, too!

#### Self Advocacy Power Network for All (SAPNA) Representatives

#### 708. Impact of Trauma on the Caregiving Experience It is imperative that caregivers not only effectively meet the needs of the care recipient; they must also be aware of the impact of their own life experiences on the caregiving role.

Charlene Lane, Shippensburg University

#### Featured Speaker (12:00 p.m. – 1:00 p.m.)

#### F5. The Promise & Possibility of Inclusion

We know that inclusive practices make communities stronger and richer, and the benefits are well documented. Torrie believes that as advocates for inclusion, our moment for advancing real change is now. She will talk about how, as advocates, we can help others in our community shift from the problems to the possibility and adopt an inclusive mindset. She will share examples from her own practice, and from the work of Kids Included Together, currently taking place in 220 locations in the United States and 49 internationally.

Torrie Dunlap, Kids Included Together (KIT)

#### Closing (1:00 p.m. – 2:00 p.m.)

#### Break (11:45 a.m. – 12:00 p.m.)

#### Lunch (12:00 p.m. – 1:00 p.m.)

#### Closing

*Nancy Thaler*, *Deputy Secretary of Developmental Programs, Pennsylvania Department of Human Services* 



## **Conference Features**

#### **Story Room**

Do you have a story to tell about your everyday life? Would you like to share your story with others in PA and across the country? During the conference, we will be collecting stories from conference attendees so that we can learn from each other – where we've been, where we're going, our hopes and dreams, our struggles and successes. Come share your story and be part of this collective experience.

#### Art and Self-Employment Exhibition

The art exhibition is for self-advocates who have art, poems, stories, books, etc. that they would like to share. Many of the exhibitors will have items for sale. Selfadvocates that have their own business and are selfemployed are also encouraged to participate in the exhibition to share with others how they got started. There will also be an opportunity to promote the business and network.

**Exhibitors** 

All conference attendees are invited to visit the exhibitors and talk with those companies whose products or services are of interest. We anticipate having a variety of companies dedicated to supporting people with ID and Autism at the conference. Come connect with national and PA-based exhibitors offering the latest services and tools.

If you are interested in being an exhibitor at Everyday Lives, call 1-844-300-4250 or email <u>tiutta@tiu11.org</u>.

#### Quilting

At past Everyday Lives Conferences, quilt patches were made by participants and then quilted together. We are excited to continue this tradition at the 2016 Everyday Lives Conference as well! Visit the Quilting Room to drop off a patch made prior to coming to the conference or to create a patch to include in the conference quilt.

#### **Relaxation Room**

If you'd like a quiet place to unwind during the conference, spend some time in the Relaxation Room. This will be a quiet, calm, environment where you can get away from the hustle and bustle of the conference and relax.

More information about the Conference Features coming soon!

## **General Information**

#### Registration

- To register online, go to <u>http://tiutta.tiu11.org/edl</u> or use the QR code.
- To register by phone, call toll free: 1-844-300-4250.
- The registration fee is paid during the registration process.

#### **Registration Deadline: September 1, 2016**

#### **Registration Fee**

- Payment must be made online using a credit card.
- If you are unable to make payment using a credit card, please call 1-844-300-4250 or email <u>tiutta@tiu11.org.</u>
- The registration fees are:

Pre-conference registration (Sept. 13)	\$95
General registration (Sept. 14-16)	\$300
One day registration	\$125
Individual and family registration	
General registration (Sept. 14-16)	\$200
One day registration	\$100

#### Cancellations

The Office of Developmental Programs (ODP), Pennsylvania Department of Human Services reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, ODP will refund any registration fee, but it is not responsible for any related costs, charges, or any expenses to participants, including cancellation costs incurred by airlines/travel agencies. In order to process refunds for conference withdrawals, written notification of cancellation must be received two weeks prior to the conference (subject to a service fee). No refunds will be granted thereafter.

#### For More Information

Call 1-844-300-4250 or email tiutta@tiu11.org.

#### **Scholarships**

ODP is pleased to offer a limited number of scholarships to individuals with disabilities and their families for the 2016 Everyday Lives Conference. The scholarship covers the cost of conference registration. For those traveling 100 miles or more, it can also cover the cost of lodging. The deadline for scholarship application is **August 5, 2016**. For information about scholarships, see the <u>Scholarship Application Form</u>, call 1-844-300-4250, or email <u>tiutta@tiu11.org.</u>

#### Americans with Disabilities Act (ADA) Accommodations

The Pennsylvania Department of Human Services (DHS), Office of Developmental Programs (ODP), is committed to equal opportunity in all programs, events, and services. ODP provides reasonable accommodations with adequate notice. Please detail your request for ADA reasonable accommodations when you register.



## Hotel Information

A block of rooms has been held for individuals who will be attending the Everyday Lives Conference at the Hershey Lodge.

Hershey Lodge 325 University Drive Hershey, PA 17033 Phone: 717-533-3311 or 1-800-HERSHEY (1-800-437-7439) Link for online reservations at the conference rate: <u>https://resweb.passkey.com/go/2016EverydayLives</u> Conference Rate: \$149.00 plus all applicable taxes

## Conference participants are responsible for calling the hotel directly and making their own reservations and/or following their agency's guidelines. Participants will be responsible for the cost of their hotel rooms and must be billed directly.

Please use the group name "ODP Everyday Lives" to receive the conference rate. Reservations need to be made **by August 15, 2016** in order to receive the conference rate.

#### Other Local Hotels (within 5 miles of the Hershey Lodge)

#### **Comfort Inn at the Park**

1200 Mae St. Hummelstown, PA 17036 717-566-2050 Free Breakfast, Indoor Pool Average nightly rate = \$140

#### Fairfield Inn & Suites

651 West Areba Avenue Hershey, PA 17033 717-520-5240 Free Breakfast, Fitness Room, Pool Average nightly rate = \$180

#### Hampton Inn & Suites Hershey

749 E. Chocolate Avenue Hershey, Pennsylvania, 17033 717-533-8400 Free Breakfast, Fitness Room, Indoor Pool Average nightly rate = \$175

#### The Hotel Hershey

100 Hotel Road Hershey, PA 17033 717-533-2171 or book at 717-508-1958 Average nightly rate = \$259

#### Super 8 Hershey

210 Hockersville Road Hershey, PA 17033 717-534-1600 Free Breakfast, Fitness Room Average nightly rate = \$90

#### **Campground Options**

#### **Elizabethtown/Hershey KOA**

(approx. 6 miles from Hershey) 1980 Turnpike Rd., Elizabethtown, PA 17022 (800) 562-4774 Camping - \$50 per night Cabins - \$70-\$150 per night

#### Hershey Conewago Campground

(approx. 6 miles from Hershey) 1590 Hershey Road, Elizabethtown, PA 17022 (717) 367-1179 Text: (717) 669-8952 Camping – \$40-\$60 per night Cabins – \$80 per night Motor Lodge - \$85-\$160 per night

#### **Hersheypark Camping Resort**

(approx. 3 miles from Hershey) 1200 Sweet Street, Hummelstown, PA 17036 (717) 534-8995 Camping - \$49 per night Cabins - \$149 per night



# Hotel Information