

# Explore Our Evidence-Based In-Home Parenting Programs



THE CARE CENTER  
OF INDIANA COUNTY

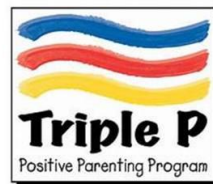


- Program designed to educate parents on promoting positive parenting for children 0 - 12 years of age

- Babies (0-12 Months) - Duration: 9-16 Weeks
- Toddler (1-3 Years) - Duration: 12-13 Weeks
- Preschool (3-6 Years) - Duration: 18-20 Weeks
- School-Age (6-12 Years) - Duration: 12-20 Weeks
- Extra curriculum for Autism and Language Delays



- Program designed for ages prenatal to 36 months of age
- Preschool Readiness
- Developmental milestones/screenings
- Adult screenings for: Depression, Domestic Violence, and Substance Abuse
- Play to learn



- Focuses on one child/one negative behavior at a time
- 12-week program
- 0-12 years of age
- Gives parents simple and practical strategies to help build strong, healthy relationships and manage their child's behavior



- Gives parents the guidance & support to turn the challenges of raising a teenager into opportunities for growth
- Includes methods of respectful discipline skills, for clear and honest communication
- Concrete strategies to prevent risky behavior
- How to be an encouraging parent
- Plus insight into important issues such as teens online, bullying, and depression



- Learn powerful ways to communicate cooperatively, make coparenting decisions in the best interest of the child(ren), and avoid the destructive effects that separation or divorce can have on a family
- Address loyalty conflicts and how to keep the child(ren) out of the middle
- Use peaceful negotiation instead of escalating power struggles
- Business-like communication skills
- Managing anger
- How to deal successfully with financial issues

## Supervised Visitation:

- CARE offers supervised visitation both in our facility and in-home
- Provides documentation of interactions between the child and non-custodial guardian
- Promotes healthy relationships between the child and non-custodial guardian

## Drug Testing:

17 Panel iCUP through Abbott

**The CARE Center of Indiana County**  
Child Advocacy and Relationship Enhancing  
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